

Carol Bennington
Awakening Hearts, LLC
Flagstaff, Arizona

Formal Education

BA in Education “with distinction”, University of Michigan, Ann Arbor, Michigan
MA in Education, Garrett, Evanston, Illinois
PhD candidate. Wisdom University, Mill Valley, California, All But Dissertation.
Dissertation on Flower Essences

Flower Essences
Training

Herbal Apprenticeship, Healing Hearts Herbal School, Newark, Ohio
Bach Foundation Registered Practitioner
Bach International Education Program: Practitioners Course, Levels I – III
Studies at the Bach Centre, England
(Bach Flower Essences for Animals; Spirituality)
Bach International Education Program Teachers Training, Nancy Buono
Curriculum approved by the Bach Centre
Flower Essence and Chakra Healing Experiential Program: A Journey of Initiation and Renewal, I & II,
Center for Plant Studies and Healing Arts, [Living Flower Essences], Rhonda Pallas Downey
Desert Alchemy Flower Essence Therapy Course, Cynthia Athina Kemp Scherer
Flower Essence Society Professional Course, Patricia Kaminski and Richard Katz

Flower Essence Instructor

Educator and Mentor, Awakening Hearts, LLC, Flagstaff, Arizona. 2010 - Current.
Bach International Education Program (BIEP) courses, Customized Seminars and Presentations
Flower Essences: Removing the Obstacles to Cure. Created continuing medical education seminars
for naturopathic physicians approved by the Arizona Naturopathic Medicinal Association. 2011
Adjunct Faculty, Southwest Institute of Healing Arts, Tempe, Arizona, 2006 – 2010
Faculty, Ohio Institute of Energetic Studies and Bodywork, Columbus, Ohio, 1996-2006
Flower Essence Presenter at The Ohio State University College of Medicine and Public Health,
Columbus, Ohio. 2000 & 2001

Training in Related Fields

Homeopathy
Botanical Medicine
Transformational Life Coaching
Licensed Brain Gym[®] Instructor and Consultant
Brain Gym[®] 101 and Optimal Brain Organization (Learning Styles)
Rhythmic Movement Training, Levels I – III, with Moria Dempsey and Dr. Harald Bloomberg
Touch for Health[®], Levels I & II
Associate Polarity Practitioner
Healing Touch, Levels I - IV, Experiential Anatomy & Physiology for Healers I
Medical Intuitive Training I
Energetic Transformation I & II
Reiki – Usui Shiki Ryoho – First - Third degree
Bio-sonic Tuning Forks with Dr. John Beaulieu
Gemstone Therapy with Dr. Sara Hazel

Past memberships:

American Herbalist Guild
ASTD: American Society of Training and Development